



*Short CV*

## *Anastasia Sapegina, PhD Candidate*

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Anastasia Sapegina is a research assistant and a PhD candidate at the Chair of Professor Dr. Antoinette Weibel in Human Resource Management at the University of St. Gallen. Anastasia obtained her academic knowledge and skills in the area of Management and Organizational Behavior during her Master and Bachelor Studies at the Department of Politics and Public Administration at the University of Excellence in Konstanz (GER) and the School of Management at the University of Tampere (FIN).

### **Research Interests:**

Her research interests encompass issues related to Human Resource Management, Positive Psychology, Psychology of Emotions, Well-being and Happiness at work. Anastasia values an open-minded approach to research design and methods, employing various forms and mixtures of both, qualitative and quantitative research designs, data collection and analysis techniques.

### **Teaching Experience:**

Her teaching experience includes teaching and teaching assistance on several courses in the fields of Human Resource Management, Organizational Behavior and Research Methods at the University of St. Gallen (CH), the University of Applied Science in Business Administration Zurich (CH) and the University of Konstanz (GER).

### **Scientific Awards:**

Anastasia has been awarded the 2015 Outstanding Reviewer Award of the Academy of Management for her outstanding reviews for the Organizational Behavior Division.

